



### Researching apple soup recipes

Research in books and online to find three recipes for soups containing apple. For each recipe you find, list the ingredients in the first column in the table below. Put the ingredient amounts in order from the most to the least (this is how they will be listed on a packet).

Soup 1 Ingredients	Soup 1 Origin of ingredients
Soup 2 Ingredients	Soup 2 Origin of ingredients
Soup 3 Ingredients	Soup 3 Origin of ingredients

See if you can find out where the ingredients in the soup originally came from e.g. chilli originally came from South America but is now popular in Indian and Chinese dishes. Fill in the origin in the second column above.

List all the ways you can think of to classify the ingredients e.g. origin, texture, taste, colour and nutritional value.

Consider the characteristics and working properties of the ingredients used, e.g. taste, colour, ease of availability, cost, quality, suitability of the ingredient chosen for the target market, maintenance, product shelf life.

For each ingredient in the soups you have found say why you think it has been chosen e.g. for nutritional value, because they look good or go soft or mix well. Fill in the table below with your answers.

Ingredient	Properties of the ingredient	Why do you think the ingredient has been added?
Soup 1		
Soup 2		
Soup 3		